

TRANSITION SUPPLEMENT.



A selection of documents provided by other agencies providing guidance for parents, to support transition to school.

1.	Here I come – I am starting school	www.hertfordshire.gov.uk/readyforschool
2.	I'm Starting school	www.hertfordshire.gov.uk/readyforschool
3.	Take time to read	www.hertfordshire.gov.uk/libraries
4.	ERIC guide for toilet training	www.eric.org.uk
5.	Good Night Sleep guide	www.sleepcouncil.org.uk
6.	Eating well packed lunches	www.firststepsnutrition.org
7.	Physical activity for early years birth to 5	www.nhs.uk/live-well/exercise/physical-activity-guidelines-children-under-five-years/

