



PSED and Wellbeing at York Road

Intention

PSED and Wellbeing is central to our life at York Road. All of the York Road Community are aware that our children thrive when the PSE and Wellbeing development of children is secure and robust. Below are listed all the opportunities we have in place and implemented at York Road to ensure every child and family that comes to York Road has a secure and positive start to school life.

Our close links with our parents ensures that we don't support your child in isolation but as part of their family, their individual needs and their unique personalities - We value and work closely with our parents to ensure we as a school provide experiences to enhance and build on what families have started.

Implementation

Robust Transitions Programme - supporting children and families entering and leaving York Road.

Transition Books - available to download from our school website for all children starting at York Road. Individual transition books prepared for children where Head teacher and parents feel appropriate.

Family Visits - where appropriate.

'Head Teacher talk'/Video - showing our school setting is available on the school website.

Tapestry Record Keeping - for all children is a joint communication between families and school about each child's journey throughout their time at York Road.

Family Books - A child's personal photograph album which families provide. These are an invaluable contribution from families that enable your child to talk

about their own family. They are used as a go to resource if/when needed by your child providing security and a sense of belonging.

Name badges - for each child - This ensures every child will always be called by their name. and enables your child to feel the adults know them hence ensuring a securer sense of belonging. Especially in their early days at nursery.

Other Experiences offered at York Road

Religious Celebrations, Charity fun days, Local events and fund raising.

Living eggs, Caterpillar life cycles, Nursery pets.



Visiting musicians, Visits from Ark farm, Visiting local theatre, Local walks,

Visiting a local day centre, Visiting local wooded area for forest school experience.

Planning in the moment (activities guided by children's interests).

Speech and Language support. (We use the Wellcomm screening program.)

Social stories.(Supporting communication).

Shared Snack times.

Workshops for parents with their children,

Parent Coffee mornings/afternoons.

Daily promotion of British Values, Mindfulness- MyHappyMind Programme for Children, and Staff. Resilience reaps rewards programme. (to benefit children and staff).



Wellbeing Philosophies at York Road

Many experiences and opportunities are offered regularly to support children in their emotional development and well-being.

- Yoga
- Mindfulness
- Local visits out in the community
- Forest School -
- promotes respect and care for the environment, developing self-esteem, independence and taking appropriate risks.
- MyHappyMind
- Resilience Reaps Rewards
- In this respect, the wellbeing of the staff is also respected.



Discussion and activities to promote the care and respect of living things. We have a number of pets at nursery that support children's well-being and children understand how we care and look after these animals. To aim to provide an experience that encourages an appreciation, awareness and knowledge of the natural environment and mutual respect for their peers.

Inclusion and Impact

At York Road we believe every child is unique. Therefore, as a school we take into account each child's needs, interests and abilities to ensure all children have the opportunity to become confident, resilient, independent individuals.

