

## Newsletter

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22/23 029 Sent via Arbor

28th September 2022

### Cake Sale Friday 30<sup>th</sup> September 9am & 12pm

If you are able to donate or make a cake/biscuits (nut free), please bring in a named sealed container with a note of the ingredients used. All proceeds will be going to the MacMillan Cancer Support organisation. We would be very grateful for any donations. Please could you bake and bring your cakes either the day before (Thurs 29th Sept) or in the morning of the sale. All containers will be returned.

### Den Building

As you all know one of our '5 before 5' curriculum targets that your children will experience before leaving York Road is to learn how to build a Den. This can be inside, outside, for animals, the list could go on. We are always looking for things to use for this part of our curriculum. If you have any large clothes pegs, the large crisp package pegs, twin size (or bigger) old flat/fitted sheets, duvet covers etc that you wouldn't mind donating to York Road we would love this. Also, if you have any old picnic blankets (the type that have waterproofing on the back) these would be great too for flooring in our forts as the floors do tend to get cold in the winter months. Please hand them to a member of staff and ask them to pass them on to Melissa in Barn Owls please. Thank you in advance for your support.



### Diary Dates

24th - 28th Oct Half Term  
Yorkies Open

Mon 31st Oct Inset Day  
School Closed  
Yorkies Open



The new children are settling in well as they explore their new setting and the activities we have

to offer, painting, sticking, role play, playing with the small world models such as the trains.

The children have really enjoyed playing outside and taking part in the water and sand play, as well as having a go on the trikes.

### Consultations

We shall be putting up a consultation sheet outside your child's classroom .

Please remember to put your name down for a consultation with your child's teacher.



### PHONICS CORNER

With your child, listening to the sounds around you for 1 minute - talk about what they have heard and try to recreate the sound with your voices.



## Tapestry

Remember to complete the online Permission/User Agreement for Tapestry and then activate your account to view your child's learning journal. Once activated please do complete the 'About Me' sections for your child – these are invaluable in helping us to help your child to settle into York Road. Thank you

### Mindful breathing

We are learning how to breath mindfully -to help us at times we feel anxious, sad, nervous .....

First, we sit on a chair and 'plant our feet'. We then roll our shoulders back and closing our eyes we think about our breathing. We breath in to the count of 1 and count 1,2 as we breath out.

Please ask your child to show you how they do their 'Mindful breathing' and remind them of this to help them calm themselves – doing this with your child can help them to learn a small strategy to help them – Taking time to breath properly can help us all at times of stress and worry and life can become a little calmer for us all.

## Spare Clothes

If you have any spare track suit bottoms or girls leggings, your child have out-grown, they would be very welcome as we have children we need to change due to accidents and they become very useful for changing into. And any spare socks. Thank you



## Arbor Payments

You will have received instructions regarding registering on the Arbor app. We are in the process of setting up Arbor. This should be a quick and efficient way of paying any monies in to the school.

You will have the opportunity to pay for school donations, clubs etc..

We shall inform you when this goes live.

## My Books

My Books - We still have a number of children who do not have their own 'My Book' in nursery and/or a framed family photo. The My Book is particularly important as this is used as an aide to settle and comfort children when they're feeling a little wobbly being away from mummy/daddy and also a huge conversation starter between the children to talk about their family, home life and any pets they may have. Reminder that it doesn't have to be anything fancy and could simply be a scrap book with some photos stuck in 😊



## General information.

Please name all your child's belongings, including water bottles and snack tubs. Lost property will be put out on the table as you come in through the side gate.

## Picking up Time

Please inform the school if you are running late for pick up. If we are not informed your child will be taken to Yorkie's and you will incur a charge.

## Lunchtimes

We are noticing some children that bring lunch in, are bringing in cakes, biscuits and chocolate. It is our policy that children do not bring in these foods. Please can we try and adopt a healthy lunch box. I am enclosing the lunch policy for you, to give you some ideas.